



# TALK IT OVER

## Taking Hold of True Life

### A Concluding Caution - Ross Frisbie

1 Timothy 6:20-21

## DT - DOMINANT THOUGHT

Godliness gives glory to God.

## CONVO STARTER

What is something you have trained for that you are really proud of?

What was the training like and how did that preparation help you when the time came to perform or act?

## CONSIDER THIS

- Guard the gospel.
  - Faithfully proclaiming it, protects it.
- Don't argue with foolishness.
  - Careful with confrontation and contemplation.

## RESOURCES

- [Pikes Peak Christian Church](#)
- [Sermon Video](#)

## KEY VERSES AND QUOTES

- "The 'O Timothy' shows the closeness and care that Paul has for Timothy. It should create in Timothy and us an eagerness to listen to what comes next." - Ross Frisbie
- *Hold on to the pattern of wholesome teaching you learned from me - a pattern shaped by the faith and love that you have in Christ Jesus. Through the power of the Holy Spirit who lives within us, carefully guard the precious truth that has been entrusted to you.* - 2 Timothy 1:13-14
- "Part of proclaiming the good news of the gospel of Jesus Christ is conforming your life to these sound teachings that we believe in. We can't just proclaim it with our words, we have to live it out with our works." - Ross Frisbie
- *Keep the commandment unstained and free from reproach until the appearing of our Lord Jesus Christ.* - 1 Timothy 6:14
- "Paul is warning Timothy and us not to get too sucked into these foolish arguments with people who think they have a knowledge of the truth." - Ross Frisbie
- *Do not waste your time arguing over godless ideas and old wives' tales. Instead, train yourself to be godly.* - 1 Timothy 4:7
- "When Paul tells Timothy to avoid these things, he doesn't mean that you just never talk about it or never discuss certain areas that go against scripture. Avoidance is not turning away from a discussion, it's about not becoming so involved that you being to contemplate false doctrines and drift away from true faith." - Ross Frisbie
- *Gently instruct those who oppose the truth. Perhaps God will change those people's hearts, and they will learn the truth.* - 2 Timothy 2:25

## TALK IT OVER

**Read 1 Timothy 6:20a and 2 Timothy 1:1-14. Guard the gospel. Faithfully proclaiming it, protects it.** Paul is charging Timothy to "guard the [good] deposit entrusted to you." This good deposit is everything that Paul has been writing about in this letter and in all his letters and includes all the teachings of Jesus. We are to guard the good news of Jesus Christ and the sound teaching we have from Him and from those who were inspired to write about Him. **What are some ways that we are called to guard the gospel? How can we do that effectively?**

We cannot effectively guard the gospel without proclaiming it. By proclaiming the true gospel, we are protecting it and preserving it. We also have to not only talk the talk, but also walk the walk. We have to live what we proclaim to believe. If it is just words and no action then it will fall flat. **Do you proclaim the gospel in your talk and your walk? If so, how and if not, why? Who are you discipling or mentoring in the faith? Do you need to first be disciplined or mentored yourself?**

**Read 1 Timothy 6:20b-21 and 2 Timothy 2:15-18. Don't argue with foolishness. Careful with confrontation and contemplation.** There are fruitless and foolish arguments that can cause us and others to become distracted. Our focus should be on training for godliness in all that we do. Paul is really saying to Timothy, don't get sucked in and lose what matters most, the gospel. **What are some discussions in the faith that are foolish and fruitless that others have gotten too focused on? What are some discussions that warrant a response to defend the gospel?**

There will always be a tension to how we handle these more difficult ideas and concepts. We will have to learn how to balance this tension of confrontation/contemplation. We receive this wisdom to know the difference by training for godliness. **How are you training yourself for godliness?**

## ACTION STEP

This sermon series in 1 Timothy has been all about what it means to take hold of life that is truly life. Our hope is that you are taking hold of the true life that is found in Jesus Christ. One way to do that is to find a mentor or someone in the faith who can disciple you. Or maybe the Lord is calling you to disciple someone else. Everyone needs a Paul and there is always another Timothy ready to be led.