November 1, 2026

PRAYER GUIDE

BE STILL

Be Still: A Series on Prayer
Asking for Workers - Ross Frisbie
Matthew 9:36-38

DT - DOMINANT THOUGHT

You are the answer to this prayer.

JOURNAL RESPONSE

Where is Jesus calling you to "go ahead of him and prepare the way for him?"

What truly satisfies your soul and life as a believer in Christ?

Are you seeing a shift in the church today with more workers or servants in God's kingdom?

How has your trust in God grown over the years in how he handles the/His harvest?

Do you have compassion on people who are lost and do not know Christ?

MEMORY VERSE

Matthew 28:19-20

"*Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching to obey everything I have commanded you. And surely I am with you always, to the very end of the age.*"

RESOURCES

- Pikes Peak Christian Church
- Sermon Video

HOW TO USE THIS PRAYER GUIDE

As we go through this Be Still Prayer Series, we are intentionally encouraging our people to go deeper with God in prayer. Prayer as well as the study of God's Word are the two most important personal and corporate spiritual disciplines within the Christian faith. Prayer is our lifeline and connection to God. Our growth in this area is paramount to a life of faithfulness to God. This prayer guide is meant to be used on a daily basis throughout the week (5 days). However, if you get behind a day or two, combine them as you see fit.

1. Set aside a specific time and place for your prayer experience. Open with a time of silence (1 minute) and "being still" before God acknowledging that He is real and present with you in this moment.
2. Practice the memory verse for the week several times, Matthew 28:19-20. Reading it several times in a row, break down the verse into smaller sections each day to help you memorize. The memorization of Scripture is incredibly important to our ability to minister to ourselves as well as others. Psalm 119:11 says, "I have hidden your word in my heart, that I might not sin against you."
3. Journaling can be a useful tool in prayer to help get our minds on track with God. Using the questions to the side under "Journal Response," answer a question per day to help prompt a time of focus with God.
4. Follow the daily guide with specific Scripture to read, insights from God's Word, questions to ponder, and an opportunity to realign your heart and mind with the will of God for that day.
5. Practice thanking God for the opportunity to be a worker in his kingdom each day this week.

DAILY PRAYER GUIDE

Day 1 – Read Luke 10:1-2. Jesus sends out the seventy-two other disciples ahead of himself to help prepare those places for his arrival. As John the Baptist and Jesus preached early on in their ministries, the kingdom of God is at hand or near. This was a deliberate plan by Jesus for all his disciples, not just the twelve. **Are you being used by God to help reach others? Do you view yourself as an important worker or do you think that work is reserved for others?**

Day 2 – Read John 4:34-38. Jesus says something startling that I think we should all take to heart, "My nourishment comes from doing the will of God, who sent me, and from finishing his work." To be nourished means to have everything we need, to be content, or to be fully satisfied. We might be chasing all the wrong types of nourishment in this life when God's will is right there for us. **What have you been chasing or pursuing to find satisfaction in your life? How has God been trying to get your attention?**

Day 3 – Read Ephesians 4:11-13. The harvest is great and it can even be overwhelming at times to consider all the people who are lost. If we take too much of this on ourselves, we can easily become weary or tired. The church plays a role in equipping all of us in the body of Christ for faithful service to the kingdom. **How are you contributing to the calling of those set aside for vocational ministry in the church today? Are you being called into a life dedicated to the ministry of the church?**

Day 4 – Read Romans 10:14-15. This is not a time for us to make excuses for our lack of participation or complain about the state of the world without adding anything positive into it. We need to pray and we need to trust that God (who the harvest ultimately belongs to) will call, equip, and send workers. Which might be you! **What type of excuses have you used in the past or currently to limit your service and sacrifice for God's kingdom?**

Day 5 – Read Matthew 9:36-38. Jesus looked over the crowds with compassion, not judgment or condemnation. Many people in this world are harassed or manipulated by others. Many people in this world are helpless or wandering from thing to thing hoping something will fix them that can't. **Do you have more judgment or compassion on unbelievers? What does compassion in action look like?**